




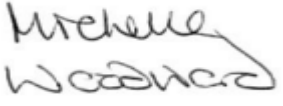


## METHOD STATEMENT

<b>Location:</b>		<b>Date:</b>	
<b>Activity:</b>	Unloading Mobile Plant and Other Equipment from Back of Lorry Loader, Using Lifting and Slings Method		
<b>References:</b> (eg: PUWER, Health & Safety Plan, etc.)	Provision & Use of Work Equipment Regs (PUWER) Lifting Operation & Lifting Equipment Regs (LOLER) Health & Safety at Work, etc Act 1974 Management of Health and Safety at Work Regulations 1999 Construction (Design and Management) Regs 2015 (CDM) HSE Guidance Safe Working at Height Risk Assessments as applicable		
<b>Equipment/Plant Required:</b>	Lorry Mounted Loader (Hiab/Atlas) Suitable Ladders or Step Ladders Slings/Chains – suitable, LOLER Examined, correct SWL Suitable Securing Chains Bean Bag Fall Arrestor System <b>where available</b>		
<b>PPE Required:</b> <b>MANDATORY/AS REQUIRED</b>	<div style="display: flex; align-items: center;"> <div style="text-align: center; margin-right: 10px;">               High-Visibility Orange Jackets/Vests and Full-Length Trousers           </div> <div style="text-align: center; margin-right: 10px;">  </div> <div style="text-align: center; margin-right: 10px;">  </div> <div style="text-align: center; margin-right: 10px;">  </div> <div style="text-align: center;">  </div> </div>		

## Description of Method

001	<b>Brief Scope of Works:</b> This method statement covers the safe loading and unloading of a mobile plant from the back of a lorry and where there is a potential need to access the back of the lorry or top of the load. The work can involve working at heights of up to 2.5 metres from ground. J Swingler Transport Drivers are not trained in general for LOLER activities and should leave the general slinging for lifting activities to those trained and competent to do so. <b>All lifting is completed with the clients lifting equipment including chains/ accessories.</b>
002	<b>Procedure Before Any Work Begins:</b> Where practical the load should be unloaded from ground level utilising mechanical means and accessing both the securing and lifting chains from ground level. Where access is required to the lorry bed or load top then this should be carried out utilising fixed ladders, ladders or step ladders as applicable and these should be secured at the foot and at the top for loose ladders these should be set at an appropriate angle i.e. 75° or 1 out, 4 up with a suitable protrusion over the top of the load at least 3 rungs or 1 metre. All ladders should be inspected before use for serviceability and any potential defects. Unloading should only take place in a pre-designated area on flat firm ground and isolated from all other site activities.
003	<b>General Method:</b> <ul style="list-style-type: none"> <li>The lorry to be unloaded will be parked in a suitable isolated area as above away from all other activities and site personnel.</li> <li>The fall arrestor system will be deployed prior to unloading if available</li> <li>Access to the load if off ground will be by platform fixed ladder, secured ladder or step ladder.</li> <li>When slinging the load prior to lift the Lifting operative will utilise the secured ladder to access up to the area where the sling needs to be attached. The ladder must be moved</li> </ul>

	<p>each time further access is required and re-secured to avoid overreach by the Lifting operative if the driver cannot safely move around the vehicle platform without encroaching close to the edge.</p> <ul style="list-style-type: none"> <li>• The Lifting operative will maintain 3 points of contact at all times to ensure security during access and attachment of the sling.</li> <li>• Driver must not climb on load or back of vehicle without ladder or step ladder access.</li> <li>• When attaching the sling the Lifting operative must ensure they maintain security on the ladder and the ladder is secure and stable.</li> <li>• Once the sling is attached the Lifting operative(s) must dismount from the ladder first and be clear of the area prior to the commencement of the lifting operation.</li> <li>• The load should be positioned directly onto the ground and should not be slung over the cab of the lorry or areas where plant and equipment are.</li> <li>• Any other required access onto the back of the lorry i.e. to secure or unsecure the load will be by secured ladder or step ladder or where available fixed ladder on the lorry.</li> <li>• Completion of the works will be when the load is completely offloaded and the plant is cleared from the area and stored in a suitable location.</li> </ul>				
Prepared by: (Name)	Michelle Woodward	Signature:		Date:	2 <sup>nd</sup> January 2024